

Hash Report

Run 276 – Lowther Park, Cold Fell, 1st April 2018

Hares – Plum Tart & Rocky Rock

Despite a threatening weather forecast of rain, snow & general mayhem, a healthy crew of 15 Easter bunnies (13 plus 2 hares actually – not that we are suspicious about 13 runners), plus Maisie gathered just off the Sellafield Raceway adjacent to Lowther park in almost spring-like weather.

Looking east one could not help but notice Lankrigg, generally accepted as the soggiest & least interesting fell in the Lakes, & of course, quite predictably the running Hares were sent off in that direction. The walking Hares were sent off into the woods never to be seen again on trail. The permafrost helped the runners here as the ground was reasonably firm in places as the next 20 minutes were spent aimlessly wandering around the lower slopes of the fell looking for flour. With the able assistance of Rocky we were finally directed away from the swamp & onto some welcome tarmac & then into the enjoyable part of the run with paths & contours & streams to cross.

We arrived at Sillathwaite farm where we were welcomed by one of those ever pleasant & ever helpful Cumbrian farmers' wives (now that would make a good reality TV show!!) claiming not to know what a right of way was & why don't we all p*s* off! We exchanged pleasantries & after taking legal advice from Rocky hare, carried on regardless towards the delightful Nannycatch valley, definitely warming up & layers coming off. We were now enjoying a short stretch of the Coast to Coast Route & trotted along nicely before finally turning into Lowther Park for the first time. As parks go it was a bit of a disappointment, mostly trees, with no play areas, adult themed cafes & the only distraction being Dave ringing his chimes on a wooden xylophone, we came across on the trail.

After a good tramp around & using our initiative to instruct a passing cyclist to do some trail finding for us we broke out into the sunshine & a sight of the bucket. After a ritual distribution of Cadbury's cream eggs we all headed off to the Shepherds Inn for a pint & some Hash chow.

An excellent run in very pleasant & sunny conditions & the perfect way to celebrate Easter Sunday.

On On

The Thong